

**REDBOOK** love your life

**21 RED-HOT Q&As**  
Your secret desires, body hang-ups, plus a racy idea or two

**Jennifer Lopez**  
The surprising question husband Marc keeps asking her

**Just add COLOR!**  
Live up your home with our easy ideas

**The real reasons you're not losing weight**

**Sexy Mom Style**  
irresistible beauty buys & lust-worthy fashion for less

**How busy women beat stress**

**REDBOOK mvo**  
your moment

## Beauty that makes SENSE

Beauty isn't just about looks—it's a fiesta for all the senses, from delightful scents and yummy tastes to cool textures and exciting sounds. So for our seventh annual beauty awards, we're celebrating the senses by highlighting the best new products that appeal to taste, sight, touch, smell, and hearing.



By Cheryl Kramer Kay and Krista Bennett DeMaio  
Stylists: Sarah Hill, Rose Calabro

## SMELL (CONT'D)



- 7 Jo Malone Vitamin E Body Balm, \$75**  
We've always had trouble taking our vitamins—until now. We can't get enough of this antioxidant-rich cream and its subtle, sweet scent.
- 8 Mariah Carey Forever Eau de Parfum, \$55 for 1.7 oz**  
This fragrance is much how we imagine Mariah herself—glam on the outside, soft and sweet on the inside—with its romantic notes of neroli, lotus blossom, gardenia, and white musk.
- 9 Aveeno Positively Nourishing Energizing Body Wash, \$6**  
This is one of those delicious products that you have to keep reminding yourself not to eat. The notes of lemongrass, grapefruit, and rosemary smell like an in-shower sorbet.
- 10 Palmer's Cocoa Butter Formula Moisture-Rich Shampoo and Restoring Conditioner, \$6 each**  
This minty-cocoa combination will leave your scalp soothed, your hair soft, and your chocolate cravings quelled... for the moment.

## HEARING

- 1 By Lauren Luke My Sultry Blues, \$33**  
Don't let the everywoman style and the working-class British accent fool you: Lauren Luke is a pro! She charms charmingly through her YouTube video, expertly applying the contents of her smoky blue palette and teaching her many followers along the way. Count us among them!
- 2 KMS California HairStay Style Boost, \$18**  
This product reminds us of the Pop Rocks Candy of our youth: The cold foam crackles and pops. But the delightful sound is not just for show; the product primes hair for the styling products that come next.
- 3 Dr. Brandt iPhone/iTouch App, free on iTunes**  
Better skin with the touch of a button? There's an app for that. This iPhone application offers skin analyses, tips, and our favorite feature: the UV index finder, so you'll know how high an SPF to apply before leaving the house. Now that's a smart phone.
- 4 MAC Artists in Action, free on maccosmetics.com**  
The experts at MAC Cosmetics have created an online video series with instructions that make even the toughest makeup feats—like applying false lashes—easy to do. Click on Artistry, then Artists in Action to find this treasure trove of how-tos.
- 5 Stila Makeup Player, \$70 for the kit, then \$31 every 60 days**  
Here's where the boom box meets the beauty buff. This makeup kit has a hook-up for your MP3 video player or smart phone so you can download how-to videos from stilabeautytube.com and apply along with the lesson. Every other month, Stila will send you new makeup to go along with the newly pooled videos.



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